



Rock Climbing Day Trip

Thanks for climbing with Vertical Voyages. To help ensure that your time with us goes smoothly, we've prepared a checklist for you to help you prepare for your climbing day.

Having the proper equipment will greatly enhance your comfort during the climb.

What we provide:

- Harness and Helmet
- Climbing Shoes
- Belay device with locking carabiner
- All safety equipment (i.e. ropes, anchoring equipment, etc.)
- Instruction from an AMGA Certified Single-Pitch Instructor.

What to wear:

Wear comfortable clothing for being active outside. Check the weather the day of your reservation and dress accordingly. Closed-toe hiking shoes are strongly recommended. Shorts are fine but keep in mind you might get minor scratches.

What you need to bring:

- Payment - check payable to Vertical Voyage or Cash or Credit Card (+ 3%)
- Waiver for each member of your party.
- Medication: Epi-Pen, Inhalers, Allergy medications as appropriate.
- Day pack
- Water and Water Bottle (2 Liters recommended)
- Bag Lunch and snacks
- Bugspray
- Sunscreen
- Sunglasses and hat
- Camera

IMPORTANT: LET YOUR GUIDE KNOW OF ANY MEDICAL CONDITIONS SUCH AS CURRENT OR RECENT INJURIES, BEE OR FOOD ALLERGIES, ETC.

Transportation:

We do not provide transportation. For groups we will help coordinate and encourage carpools. Carpools typically meet promptly at 6:30am at [Climb So iLL](#)'s parking lot. CALL US AT 314-477-6008 if you are running late.